

Perspective

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Fairmount Rehab—A Great Choice!

Facing a surgery and recovery process is daunting. There are often many decisions to make and many choices to consider at a difficult time. One of the decisions Dora Horst faced when she anticipated hip replacement surgery was where to go for rehabilitation after discharge from the hospital. Some family members recommended she recover at home and have therapists provide in-home treatment. Her doctor recommended several rehab facilities, one of which was Fairmount.

A Dedicated Rehab Area

Dora discovered that four years ago, Fairmount underwent a major renovation and created a unit dedicated to short-term rehab residents. A state-of-the-art therapy gym is flanked by two hallways of resident rooms. The unit features its own dining and lounge area, as well as an entrance just for rehab visitors and outpatients.

When not in the gym for therapy, residents rest and relax in their rooms or the lounge area, visit with families and friends, participate in Fairmount's activities, or make new friends with fellow residents. The goal is for residents to return to their previous homes as soon as they can safely do so.

Family Considerations

After considering many options, Dora decided on a short-term stay at Fairmount Homes. She was al-



Dora Horst is pictured with her granddaughter Jessica (right) and daughter-in-law Marjorie (left), both Fairmount team members.

ready familiar with Fairmount, as her daughter-in-law and granddaughter both work in Health Care, and several cousins are residents.

Convenience for her family was important in her decision. Dora explains, "Fairmount was centrally located for my family to visit. If I had gone home and had therapists come in, caring for my other needs would have fallen to my family. I knew their lives were busy, and it would have been a lot of extra responsibility for them."

(continued on page 3)

Inside . . .

- 2 The President's Perspective
Team Members Honored
- 3 Planned Giving
- 4 Items of Interest
February Quilting

An Exciting New Partnership

The President's Perspective



Fairmount Homes Mission Statement

"Fairmount Homes is a ministry with mature adults, providing high quality services, promoting wholeness and creative living consistent with Christ-centered Mennonite Values."

Core Values

Community • Compassion
Dignity • Integrity
Quality • Teamwork
Trust

Fairmount Homes *Perspective* is published quarterly for the residents, staff, volunteers and friends of Fairmount Homes, a Christian retirement community governed by a Board from the Weaverland Conference of the Old Order Mennonite Church.

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Happy New Year 2015! Each new year brings new opportunities, and this issue of the *Perspective* will highlight some new and exciting happenings at Fairmount Homes. Recently our Board of Directors approved Fairmount's partnership with Covenant Health Alliance of Pennsylvania (CHAPa), an integrated, care-delivery system comprised of 13 founding retirement community members from the Anabaptist Provider Group.

Anabaptist Provider Group was formed in 2001 with members from the Fellowship of Brethren Homes and Mennonite Health Services located in central

and eastern Pennsylvania. Its mission is to encourage Christian service, enhance the development of each member organization, and create a strengthening network of Anabaptist ministries.

In light of the many trends related to health care reform, Fairmount is excited to be part of this new CHAPa alliance. CHAPa will create new partnerships and relationships with vendors and will establish a group purchasing arrangement for better pricing on supplies. The goal of the Alliance is to

increase resident and family satisfaction, reduce total costs through best practices, and assure strong partnerships with other health care systems. The one constant is our desire to continue the quality health care our residents receive and expect. This new venture does not mean that Fairmount is being purchased; it does create a partnership with similar organizations in an effort to increase revenue and decrease costs.

Many industries and businesses are establishing partnerships to achieve greater results. The late management author and educator, Peter Drucker, said, "The greatest change in corporate culture and the way business is being conducted may be the accelerated growth of relationships based on partnership."

As we look forward to a new year, I believe that with God's blessings and the partnership with Covenant Health Alliance of Pennsylvania, we will be in position not only for a successful 2015 but for a successful long-term future.

Jerry D. Lile
President/CEO

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continue the quality health
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and expect.*

Team Members Honored

Fairmount's recent staff Christmas Fellowship Meal was highlighted by the recognition of 49 team members celebrating five-year increments of service. Pictured are two of the team members honored and the years they have served: Verna Martin (20) and Kent Richard (25). Not pictured are Edith Zimmerman (40), Katie Shirk (35), Vera Jane Hoover (30), Sharon Hostetter (20), Isaac Petersheim (20), and Ruth Weaver (20).



Planned Giving is a Way of Life

A Way of Life

We learned generosity from our parents, from studying the Bible and from being a part of a caring community. Generously sharing our blessings is a privilege and responsibility that includes giving both time and resources. More and more people are recognizing not only the importance of generosity but also the need to PLAN their giving. Planned giving is not just for the rich. Everyone who wants to share with others can use pre-arranged options. Planned giving enables family priorities and life values to be integrated with financial purposes. You can plan now and make a gift that benefits you and others now and later.

Planned Giving Vehicles

Traditionally, a “planned gift” was limited to donations that were deferred until the death of the donor. Today “planned giving” can involve making a gift of real or appreciated assets to a charity while the donor is alive. Planned giving to Fairmount Homes can be accomplished in a number of different ways. Here are a few:

- You can make a cash gift to the Fairmount Homes Sharing Fund.
- You can include Fairmount in your will.

- You can establish a gift annuity.
- You can create a charitable trust.
- You can donate appreciated assets such as stocks or real estate to Fairmount Homes.

A good program doesn't leave things to chance. Without a good program the majority of your assets could go to the government instead of the people or organizations you have chosen and supported all of your life. The decision is yours.

For additional information on Planned Giving strategies that will benefit you and Fairmount Homes, please contact Peter Passage, Stewardship Director, at 717.354.1814, or talk with Anabaptist Foundation, Mennonite Foundation or your financial advisor.



A Great Choice (continued from page 1)

Just three weeks after her arrival, Dora was able to return to her home and resume her normal activities without a walker or a cane. She could even drive! When asked about her rehab experience, she was very positive: “The therapists were all top notch and so considerate. They pushed me just enough, but not more than I could handle. They were always sensitive to how I was feeling, and tailored my therapy accordingly. I really liked my room, too. I had a great roommate—a friend from way back.”

Choices about Things That Matter

But one of the things Dora appreciated most was that she had choices about things that mattered to her. “When I arrived, they asked me when I liked to get up in the morning and go to bed at night. We were always given several menu options at mealtime. And what made me especially happy was that I could

choose to have my meals served in my room rather than having to go to the dining room.”

Dora is just one of the many people who have benefitted from Fairmount's Rehab. In the past year alone, over 140 people have come into Rehab for a short-term stay and returned to their homes. Another 66 received outpatient therapy. They came from all types of situations—recovering from falls, surgeries, accidents, illnesses or hospital stays.

Dora concludes, “I am so thankful for a place like Fairmount where I could go. The special people working there did what I couldn't do for myself—from the nursing staff to volunteers and to administrators.”

If you or someone you know needs rehab, please don't hesitate to call the Admissions Office at 717.354.1800 for more information or a tour of our rehab facilities.



Retirement Community

333 Wheat Ridge Drive
Ephrata, PA 17522-8558
717.354.1800
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Items of Interest

TOPS First Anniversary

The TOPS (Taking Off Pounds Sensibly) chapter that meets at Fairmount will observe its first anniversary on February 6. In the last year, over 35 members have worked toward making small life-style changes that lead to lasting weight loss and better health. We welcome new members from the community to join us. For more information, please call Dorothy at 717.354.1811 or email her at dorothyw@FairmountHomes.org.

Central PA Blood Drives

A blood drive is planned for Thursday, February 12, from 11:30 a.m.–6:30 p.m. in the Farm Crest Community Room. For an appointment, please call the blood bank at 800.771.0059. Walk-ins are welcome until 6 p.m.

Ham & Cheese Fundraiser

Our annual ham-and-cheese sandwich fundraiser, held jointly with the Weaverland Conference Youth for Truth, is coming up soon. Sandwiches may be ordered until March 3 at the Wheat Ridge or Crest View front desk, or by calling 717.354.1800. The pick-up date will be March 21. Proceeds will be used to enhance residents' lives.

Mailing List Update

If you wish to have your name removed from the mailing list, please call 717.354.1800, write the Managing Editor at the address above, or email carols@FairmountHomes.org.



Annual February Quilting



Saturday, February 21

Tuesday, February 24 ~ Wednesday, February 25
8 a.m. to 4 p.m. ~ Lunch served daily.

Make plans to join us!

Farm Crest Community Room, 1100 Farm Crest Drive