



**FAIRMOUNT COVID-19 PREVENTION & PROTECTION UPDATE:
YOUR SOCIAL DISTANCING CONNECTION POINT
MARCH 27, 2020**

The Fairmount COVID-19 Task Force continues to meet daily to review what requirements and recommendations are being forwarded to us from the CDC, Centers for Medicare & Medicaid Services (CMS), Department of Health (DOH), and our medical director, Dr. William Lorentan, who is receiving guidance from WellSpan. We then plan the implementation of these safety strategies.

We are pleased to say that Fairmount currently has no cases of COVID-19 on our campus among our residents or team members. However, we are preparing and planning as if we will have a positive case here in the future.

We are in the process of clearing a wing of our Wheat Ridge Rehab area to serve as our secure Treatment Center. The wing is ideally suited to serve as an isolation area where we can treat our sick residents and keep our other residents safe. We also finalized the protocol to follow, should a resident or team member become symptomatic or test positive for the virus.

OTHER ACTIONS TAKEN THIS WEEK:

- We began providing health screenings and temperature checks for our team members before and after each shift. Prior to Monday, these were only required before their shifts.
- We now only have one access point, Wheat Ridge Administration entrance, where all team members and delivery persons are to receive their screening.
- We modified seating in the dining rooms of both Personal Care and Health Care so that residents are keeping a safe distance from each other.
- We modified the number of dining options in the dining venues and removed the salad bar at Cats Back Café. We added prepared salads in the Grab & Go Cooler.
- We have increased the amount of food on-hand should our supply chains become limited.
- We continue to monitor our supplies and personal protective equipment (PPE) we have on hand. Currently we have an adequate amount.
- We partnered with Shady Maple Grocery Store for online grocery shopping for our residents. Call Denise Schaeffer for more information.
- We determined to implement our Disaster Emergency Plan if we get into a situation where providing adequate staffing becomes an issue.
- We have arranged for telemedicine conferences with WellSpan medical providers as a backup plan if they cannot come on campus.
- Our Residential Living nurse, Ferne, will continue with blood pressure checks in the Wheat Ridge Beauty Shop for team members on Mondays from 12-1 and Thursdays from 2-3.
- If childcare is an issue for our team members, contact Human Resources for help.

We ask that our residents limit trips off campus. We ask that our team members be wise and practice safe distancing and exposure in their interactions when they are not at Fairmount. All residents and team members should practice frequent handwashing of at least 20 seconds each time, avoid contact with others, keep safe distances, limit the amount of time in group settings and most importantly relax.

TIPS TO RELAX:

- As the weather turns warmer, a walk outside is a great way to be refreshed.
- Take time to stop and breathe deeply—close your eyes and count to 10.
- Be careful where you obtain your news regarding the virus and the state of affairs of the country, state and county. There is plenty of “fake news” online and on social media that may raise the anxiety level.
- Get plenty of sleep.
- The Employee Assistance Program is offering teletherapy counseling for our Fairmount team members. Call 1-800-673-2514 or visit Human Resources for details.

***Many things about tomorrow, I don't seem to understand.
But I know who holds tomorrow, and I know who holds my hand.***