



FAIRMOUNT COVID-19 PREVENTION AND PROTECTION UPDATE

May 8, 2020

Dedicated to Faith, Family & Community

GOVERNOR WOLF EXTENDS LANCASTER COUNTY'S STAY AT HOME ORDER TO JUNE 4.

Please continue to limit your trips into the public, wear your mask, keep safe distances, wash your hands regularly and sanitize high-touch areas regularly. The virus remains prevalent. Thank you for your continued patience and for keeping our residents and team members safe!

NATIONAL NURSES WEEK

We are in the midst of National Nurses Week, May 6 to May 12. We would like to take this time to thank all of our trusted and dedicated team members who are working really hard under stressful conditions.

From Dining to Housekeeping to Laundry to Maintenance to Social Services to Activities to Administration to Nursing, all of our team members demonstrate Fairmount's Core Values of Compassion, Quality and Teamwork. Thank you for being great caregivers to our residents and for making Fairmount a special place to work!

COMPASSION AT WORK: Two formerly COVID-19 positive patients who recuperated in Fairmount's Dogwood care center were discharged home this week. To date, ten patients have been treated in the Dogwood care center; seven have discharged out of the center.

MESSAGE FROM VALERIE HATT, FAIRMOUNT'S INFECTION CONTROL NURSE:

With good weather approaching, we must all continue to stay vigilant in protecting ourselves and others from spreading the Coronavirus. The battle is not over. Retirement communities in and around Lancaster County continue to see new cases daily. A pandemic requires everyone to work together for the safety of all. The restrictions imposed on us are tiresome, but it is imperative we all do our part to keep Fairmount safe. The following are some interesting details and important guidelines:

- When outside, practice safe distancing and avoid crowded areas.
- Coughing, sneezing and even breathing can spread the virus. We wear masks to protect others and hope they wear masks to protect us.
- Stay at least six feet apart and wash your hands for at least twenty seconds with soap and water regularly. Keep hand sanitizer handy for the times when soap and water are not available.
- The virus will die on surfaces of our homes when we clean with soap and water, alcohol or household cleaners. Bleach is not required.
- Refrain from attending sporting events, public sales, even church functions and activities where people are in close contact.
- Sleep and exercise are very important to staying healthy. By walking and hiking, our leg muscles enable our immune system to work.

COPING WITH COVID & STAYING AT HOME: While "sheltering in place" through the COVID-19 pandemic, what are you doing with your extra time? Perhaps, you would normally be socializing, shopping, traveling, volunteering, or indulging in other pastimes that you can no longer do. If you are doing something fulfilling, interesting or unique to you, please email CarolS@FairmountHomes.org or call 717.354.1887 to share. One resident offered this: "I have much more time available. I decided to read the Bible through from cover to cover. It gives a different perspective this way in comparison to when I read a passage or chapter here and there."