



# FAIRMOUNT COVID-19 PREVENTION AND PROTECTION UPDATE

June 26, 2020

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*Dedicated to Faith, Family & Community*

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As Lancaster County enters the green phase of reopening today, more non-essential businesses will open outside of our campus. This does not mean the risk of contracting coronavirus diminishes. It is actually quite the reverse. There will be more opportunities for exposure. So please remain vigilant and follow the protocols from the CDC regarding hand hygiene, wearing face coverings, maintaining safe distancing and avoiding large gatherings of people, especially in enclosed areas. These guidelines protect you and your friends and neighbors at Fairmount.

With the change in Lancaster County to the green phase of reopening, new guidelines will be disseminated to Residential Living apartment and cottage residents reintroducing access to certain parts of our campus previously restricted for resident safety. The change in the reopening phase of Lancaster County does not alter the restrictions in place for Personal Care and Health Care. We are required to follow the guidelines set forth by the Department of Health (DOH) and Department of Human Services (DHS) in those levels of care.

Fairmount does not have any known COVID-19 positive residents currently on our campus other than those patients admitted from area hospitals being treated in our Dogwood isolation hallway. However, we learned today of a physical therapist working at Fairmount who has tested positive. That person last worked June 25 and is not displaying any symptoms. They will be quarantined for 10 days before being permitted to return to Fairmount. We also learned of a team member who tested positive on Saturday, June 20. That team member had minimal direct interaction with residents and will be quarantined at home for 10 days. No team members working in the isolation unit in the Dogwood treatment hallway have tested positive.

Fairmount continues to follow CDC and DOH guidelines to limit future exposure by conducting team member and resident screenings, requiring the wearing of masks at all times, practicing proper and frequent hand hygiene, and maintaining vigilant levels of cleanliness in our buildings, including frequent cleaning of high-touch surfaces.

Two more COVID-19 positive patients in the Dogwood isolation hallway were discharged this week. We currently have three positive patients recuperating in our Dogwood treatment wing.

## **MANDATORY UNIVERSAL TESTING**

Per the order of the Secretary of the PA Department of Health on June 9, 2020, we have been directed to perform baseline universal testing for SARS-CoV-2 (COVID-19) on all Health Care residents and their caregivers no later than July 24, 2020. Lancaster County will provide testing for our residents and team members in the Health Care Center through Clarity Laboratories. They will be on campus July 9 and 10 to administer a mucosal swab test for COVID-19.

## **SPECIAL THANKS TO OUR MAINTENANCE TEAM**

Thank you to our Maintenance Team who work hard at keeping our buildings operational and our grounds looking beautiful. Our Maintenance Team does it all—repair HVAC systems and plumbing problems, fix appliances, hang pictures and window fixtures, renovate apartments, paint, and much more. Thank you for all you do to keep our buildings running smoothly and ensuring our residents and team members are safe and comfortable.



## RESIDENTIAL LIVING GOING GREEN POLICY

Effective June 26, 2020

Another phase of the coronavirus pandemic in Lancaster County has arrived as “Going Green” is beginning. We would like to remind you again that the ongoing risks of the pandemic have not changed just because Lancaster has changed from the yellow to the green reopening phase. Please continue to follow the protocols from the CDC regarding hand hygiene, wearing face coverings, maintaining safe distancing and avoiding large gatherings of people (including residents), especially in enclosed areas. We have been receiving many questions about what “Going Green” means for Residential Living. We will try to address them below. We ask for your patience during this reopening time. This is a slow reopening process and retirement communities and nursing facilities are among the last to reopen completely due to the vulnerability of our residents.

### Activities:

- ✓ Activities will resume in the Wheat Ridge and Crest View Gathering Rooms.
- ✓ A maximum of 18 persons will be permitted in the Wheat Ridge Gathering Room at one time.
- ✓ A maximum of 24 persons will be permitted in the Crest View Gathering Room at one time.
- ✓ Don't forget your mask and practice safe distancing requirements of at least six feet.
- ✓ Fairmount is purchasing a Bocce set which may be utilized by residents on a first-come, first-served basis.
  - The bocce court may be utilized at any time that it is not scheduled for Activities.
  - Do not use the bocce court after 10 p.m.
- ✗ Coffee Hour will not resume at this time.

### Beautician:

- ✓ The beautician, Kathy Buckwalter, will start hours again in the Farm Crest Beauty Shop, beginning June 30.
  - Beauty shop hours will be 8:30 a.m. to 4:00 p.m., Wednesday, Thursday and Friday.
  - Hair care services are by appointment only; contact Kathy at 717-341-7388 for an appointment.
- ✓ Only one person will be permitted in the Beauty Shop at a time, unless it is a married couple.
- ✓ Wait outside the Beauty Shop if you are early for your appointment.
- ✓ Wear your mask to keep you and the beautician safe.

### Bible Study and Church:

- ✗ Saturday Bible study and Sunday church services will not be starting at this time.

### Bus Trips:

- ✗ Bus trips to the grocery store and bank are not planned at this time.

### Café/Dining:

- ✓ Residents may use the café but must be screened at the Wheat Ridge receptionist's desk before entering the cafe. Please remember to maintain safe distancing.
- ✗ Non-residents are not permitted in the café at this time.
- ✗ The Farm Crest Dining Room is not open at this time.

### Entrance Doors:

- ✗ Entrance doors at Wheat Ridge, Farm Crest and Crest View will remain locked at this time.
- ✓ If you need an access code for the Wheat Ridge or Crest View Apartment buildings, please contact Denise Schaeffer (717-354-1895).

### **Gathering Rooms:**

- ✓ The Gathering Rooms may be reserved for use by residents, as long as the maximum number of residents does not exceed the number permitted for activities. (See **Activities**.)
- ✗ No off-campus visitors may use the Gathering Rooms at this time.

### **Gift Shop:**

- ✗ The current modified Farm Crest Gift Shop hours remain the same.

### **Guest Suite:**

- ✗ The Guest Suite is presently not open for reservations.

### **Visits with Health Care and Personal Care residents:**

- ✗ Health Care and Personal Care regulations still do not permit visitors at this time. This includes potential interactions in the courtyards or along the walking trails.

### **Visits with off-campus persons:**

- ✓ Indoor visits from off-campus people will now be permitted with the following restrictions:
  - Limit visitors to four per apartment or cottage at one time.
  - Visits and gatherings with off-campus visitors are not permitted in inside common areas (lobbies, Gathering Rooms, etc.).
  - Visitors must keep a safe distance of at least six feet and wear a mask at all times.
  - Remind your visitors that if they are not feeling well, they must not visit.
  - Visitors do not need to be screened at this time but essential caregivers should still be screened prior to entering apartments or cottages.

### **Visits with other Residential Living Residents and Entering the Crest View and Wheat Ridge Apartment Buildings:**

- ✓ Visits between residents of Wheat Ridge Apartments, Crest View Apartments and the cottages are allowed.
- ✓ Residents may also enter buildings where they are not residing to use wellness rooms, libraries, and other amenities.
- ✓ Gatherings in common areas are limited to 10 or fewer.
- ✓ If you use the computers in either building, use wipes to clean the keyboard & mouse before and after use.
- ✓ Don't forget your mask and practice safe distancing requirements.
- ✓ Please be respectful of your Fairmount neighbors who may not feel comfortable with visitations.
- ✗ Refrain from visiting other residents if you are not feeling well.

### **Wellness Nurse/Social Services:**

- ✓ The Wellness Nurse and Social Service office hours will resume their normal schedule on Monday, June 29.

### **Wellness Rooms:**

- ✓ The Crest View and Wheat Ridge Wellness Rooms are open for resident and staff use.
- ✓ Two persons are permitted in the Crest View Wellness Room at one time.
- ✓ Three persons are permitted in the Wheat Ridge Wellness Room at one time.
- ✓ Persons utilizing these rooms must be safely distanced at all times.
- ✓ Wipe down all equipment before and after use.
- ✓ Masks do not need to be worn while exercising.

We are thankful that our residents have remained safe so far during this pandemic. We cannot continue to keep you safe without your cooperation, so we thank you in advance for abiding by the above guidelines. Fairmount reserves the right to rescind or modify this Going Green Policy at any time. If you have any questions regarding this policy, please contact Denise Schaeffer or Kent Richard.