

Reopening Implementation Plan for the Pennsylvania Department of Human Services’s Interim Guidance for Personal Care Homes, Assisted Living Residences and Private Intermediate Care Facilities During COVID-19

FACILITY INFORMATION	
This section contains the name and location of the facility along with contact information for an individual designated by the facility. That individual does not have to be the Administrator but should be someone available to respond to questions regarding the Implementation Plan.	
1. FACILITY NAME	
Fairmount Homes – Wheat Ridge	
2. STREET ADDRESS	
333 Wheat Ridge Drive	
3. CITY	4. ZIP CODE
Ephrata	17522
5. NAME OF FACILITY CONTACT PERSON	6. Phone
Sandy Longenecker, Director of Personal Care	717-354-1847

DATE AND STEP OF REOPENING	
The facility will identify the date upon which all prerequisites will be met to begin the reopening process and the Step at which the facility will enter reopening. Those facilities that experienced a significant COVID-19 outbreak will identify the date the Department of Health survey was conducted (that is required prior to reopening).	
7. DATE THE FACILITY WILL ENTER THE REOPENING PROCESS	
8/25/2020	
8. SELECT THE STEP AT WHICH THE FACILITY WILL ENTER THE REOPENING PROCESS – EITHER STEP 1 OR STEP 2 (CHECK ONLY ONE)	
<input checked="" type="checkbox"/> Step 1 <i>The facility must meet all the Prerequisites included in the Interim Guidance for Personal Care Homes, Assisted Living Residences and private Intermediate Care Facilities During COVID-19</i>	
<input type="checkbox"/> Step 2 <i>The facility must meet all the Prerequisites, including the baseline universal test for COVID-19 administered to staff and residents (in accordance with the June 26, 2020, Order of the Secretary of Health)</i> AND <i>Have the absence of any new facility onset of COVID-19 cases for 14 consecutive days since baseline COVID-19 testing</i>	
9. HAS THE FACILITY EXPERIENCED A SIGNIFICANT COVID-19 OUTBREAK? (IF NO, SKIP TO #11)	
No	

STRATEGY FOR TESTING, COHORTING, PERSONAL PROTECTIVE EQUIPMENT, AND STAFFING
To ensure the facility has taken appropriate measures to protect residents and staff, descriptions of those strategies are required in this section (prerequisites to enter the reopening process).

STRATEGY FOR TESTING, COHORTING, PERSONAL PROTECTIVE EQUIPMENT, AND STAFFING

10. DATE RANGE FOR THE BASELINE UNIVERSAL TEST ADMINISTERED TO STAFF AND RESIDENTS (BETWEEN JUNE 14, 2020 AND AUGUST 31, 2020) IN ACCORDANCE WITH THE [JUNE 26, 2020, ORDER OF THE SECRETARY OF HEALTH](#)

7/30/2020 to 8/4/2020

11. DESCRIBE THE ABILITY TO HAVE COVID-19 DIAGNOSTIC TESTS ADMINISTERED TO ALL RESIDENTS SHOWING SYMPTOMS OF COVID-19 AND TO DO SO WITHIN 24 HOURS

Any residents exhibiting symptoms of COVID-19 will be tested immediately. The specimen will be sent to the local hospital for expedited results. Results for this testing are anticipated between 24-72 hours.

12. DESCRIBE THE ABILITY TO HAVE COVID-19 DIAGNOSTIC TESTS ADMINISTERED TO ALL RESIDENTS AND STAFF IF THE FACILITY EXPERIENCES AN OUTBREAK, INCLUDING ASYMPTOMATIC STAFF

Fairmount has contracted with Clarity Labs and Lancaster General Hospital for universal testing and with WellSpan Ephrata Hospital Lab for other testing. Clarity Labs and WellSpan both provide testing supplies. Both laboratories will continue to send supplies to complete repeat testing as necessary.

13. DESCRIBE THE PROCEDURE FOR TESTING OF NON-ESSENTIAL STAFF AND VOLUNTEERS

Non-essential staff and volunteers will only be tested if they are experiencing symptoms or are currently working in a resident area of the facility consistently three (3) or more days a week and have significant contact with staff and residents. Testing for these individuals will follow the same procedures as resident or staff testing.

14. DESCRIBE THE PROCEDURE FOR ADDRESSING RESIDENTS OR STAFF THAT DECLINE OR ARE UNABLE TO BE TESTED

Staff that decline to be tested will be unable to work in resident care areas and may be asked to submit their resignation in accordance with Fairmount Policy. Residents that decline the test will be asked to isolate in their room for up to 14 days.

15. DESCRIBE THE PLAN TO COHORT OR ISOLATE RESIDENTS DIAGNOSED WITH COVID-19 IN ACCORDANCE WITH [PA-HAN-509](#) PURSUANT TO SECTION 1 OF THE *INTERIM GUIDANCE FOR Personal Care Homes, Assisted Living Residences and Intermediate Care Facilities DURING COVID-19*.

Any resident exhibiting signs or symptoms or having already tested positive for COVID-19 will be isolated in their room and their room will be considered a red zone room. Quarantine will continue until symptoms resolve and 14 days have passed. Fairmount will continue to follow recommendations set forth by the PA Department of Health. Any new admission to Fairmount Personal Care will obtain a COVID-19 test with a negative result prior to admission. A current resident who leaves the Fairmount community for an area considered high risk may be isolated to their room which will be considered a yellow zone room. If there are any confirmed COVID-19 cases, the entire resident neighborhood will be considered a yellow zone and the COVID-19 positive room will be deemed a red zone room. Fairmount also has a designated COVID-19 wing in Skilled Nursing that is available for residents to transition to as needed to mitigate the spread of COVID-19 in Personal Care.

16. DESCRIBE THE CURRENT CACHE OF PERSONAL PROTECTIVE EQUIPMENT (PPE) AND THE PLAN TO ENSURE AN ADEQUATE SUPPLY OF PPE FOR STAFF (BASED ON THE TYPE OF CARE EXPECTED TO BE PROVIDED)

Fairmount currently has enough supplies on hand to supply staff with adequate PPE for a minimum of two weeks. Fairmount's Director of Nursing diligently investigates vendor availability of supplies and potential new vendors to ensure the stock of PPE consistently remains at a minimum of two weeks supply. Should the facility have a major outbreak and need additional PPE supplies, the facility will enlist additional help to source material, locate new suppliers, and reach out to surrounding organizations to ensure consistent adequate PPE to safely care for each resident. Fairmount is a member of the Anabaptist Provider Group (APG) which is also a source of PPE supply sharing.

STRATEGY FOR TESTING, COHORTING, PERSONAL PROTECTIVE EQUIPMENT, AND STAFFING

Current staffing meets the regulatory requirements of hours per patient day ratio. Fairmount will follow guidelines listed in their Emergency Staffing Policy should a staffing shortage occur in the future.

17. DESCRIBE THE PLAN TO HALT ALL REOPENING FACILITIES AND RETURN TO STEP 1 IF THE FACILITY HAS ANY NEW ONSET OF POSITIVE COVID-19 CASES

If Fairmount Wheat Ridge Personal Care has any new onset positive COVID-19 cases, Fairmount will use the appropriate signage and electronic communication systems to communicate to all staff, residents, and families that the reopening plan has halted and we will immediately transition back to a quarantine phase.

SCREENING PROTOCOLS

In each block below, describe the screening protocol to be used including where screening occurs, method of determining symptoms and possible exposure, and action taken if screening reveals possible virus. Include how the data will be submitted to the Department.

18. RESIDENTS

All residents are continually monitored for any symptoms with temperatures being taken twice a day and respiratory assessments being completed twice a day. If a resident is found to be exhibiting symptoms, their Primary Care Provider (PCP) will be notified and the resident will isolate in their room pending the results of COVID-19 test, as ordered by PCP.

19. STAFF

Staff are required to have their temperature taken and respond to a COVID-19 Questionnaire at the beginning of every shift and when leaving every shift. A computer thermal screening with mask detection has been added at team member entrances to the building. Education has been provided to team members to notify the RN House supervisor for symptoms or yes answers to the Questionnaire prior to entering Personal Care. Staff members exhibiting symptoms, or with known exposure to someone who has tested positive (except as part of their work at Fairmount while wearing a mask and appropriate PPE) will not be permitted entry into Fairmount Personal Care. Data for screening will be retained for review during any on-site inspections. In addition, positive COVID-19 results are reported using the COVID-19 tracker. Universal testing results are also reported by using the LTC data reporting form.

20. NON-ESSENTIAL PERSONNEL

Non-essential personnel are not permitted entry into Wheat Ridge Personal Care.

21. VISITORS

Visitors are not permitted in the building with the exception of compassionate care/end of life situations. In these cases, visitors will follow the same protocol of temperature taking and answers to COVID-19 Questionnaire. In addition, visitors will wear PPE in accordance with Fairmount COVID-19 Policies

22. VOLUNTEERS

Volunteers are not permitted entry into Wheat Ridge Personal Care.

COMMUNAL DINING FOR RESIDENTS UNEXPOSED TO COVID-19

Communal dining is the same for all steps of reopening so there is no need to differentiate among the three steps.

COMMUNAL DINING FOR RESIDENTS UNEXPOSED TO COVID-19

23. DESCRIBE COMMUNAL DINING MEAL SCHEDULE, INCLUDING STAGGERED HOURS (IF ANY)

Personal Care will have two seating times for breakfast, lunch and dinner. There will be an early seating and a late seating. All residents in the dining room will sit one (1) per table at small tables and two (2) per table for large tables with the tables being distanced at least six (6) feet apart. The dining room will be disinfected between each seating.

24. DESCRIBE ARRANGEMENT OF TABLES AND CHAIRS TO ALLOW FOR SOCIAL DISTANCING

There will be no more than one (1) person per small table and two (2) people per table at large tables with the tables being distanced at least six (6) feet apart

25. DESCRIBE INFECTION CONTROL MEASURES, INCLUDING USE OF PPE BY STAFF

Staff will be wearing a mask at all times while assisting residents. In situations where staff is assisting a resident to eat, staff will use hand sanitizer or wash hands every time they switch to assisting a different resident. All areas will be disinfected after being occupied by a resident prior to other residents beginning to occupy it. Residents will use hand sanitizer upon entry into the dining room.

26. DESCRIBE ANY OTHER ASPECTS OF COMMUNAL DINING DURING REOPENING

Fairmount will seat residents in the two seatings based on their neighborhood and resident preference. Every effort will be made to keep residents from each neighborhood together in order to limit potential asymptomatic spread from one neighborhood to another.

ACTIVITIES AND OUTINGS

In each block below, describe the types of activities that will be planned at each step and the outings that will be planned at Step 3 (an all-inclusive list is not necessary). Include where they will be held and approximately how many residents will be involved. Describe how social distancing, hand hygiene, and universal masking will be ensured. Also include precautions that will be taken to prevent multiple touching of items such as game pieces.

27. DESCRIBE ACTIVITIES PLANNED FOR STEP 1 (FIVE OR LESS RESIDENTS UNEXPOSED TO COVID-19)

Activities of five (5) residents or fewer will be held on each neighborhood and limited to residents of that particular neighborhood. Suggested activities during this time include Exercise, Walking Club, Bible Time, Trivia, etc. Residents will be physically distanced during the activities and residents will wear a mask. Team members will have hand sanitizer readily accessible and all chairs and items touched by residents will be disinfected prior to being used by other residents. (For example, game pieces will be assigned to a resident and then sanitized following the activity)

28. DESCRIBE ACTIVITIES PLANNED FOR STEP 2 (TEN OR LESS RESIDENTS UNEXPOSED TO COVID-19)

Activities consisting of 10 residents or less will be held with each neighborhood and limited to residents in that neighborhood. Suggested activities during this time include, but are not limited to, Crafts, Cooking/Baking, Games, etc. Residents will be physically distanced during the activities and will wear a mask. Team members will have hand sanitizer readily accessible and all chairs and items touched by residents will be disinfected prior to being used by other residents (For example, game pieces will be assigned to a resident and then sanitized following the activity)

29. DESCRIBE ACTIVITIES PLANNED FOR STEP 3

Activities consisting of 10 or more residents will be held on each neighborhood and limited to residents in that neighborhood. Suggested activities during this time period include, but are not limited to, Bingo, Name That Phrase, Birthday Parties, Socials, etc. Residents will be physically distanced during the activities and residents will wear a mask. Team members will have hand sanitizer readily accessible and all chairs and items touched by residents will be disinfected prior to being used by other residents (For example, game pieces will be assigned to a resident and then sanitized following the activities).

ACTIVITIES AND OUTINGS

30. DESCRIBE OUTINGS PLANNED FOR STEP 3

Planned outings will consist of no more residents than we are able to safely physically distance during transport and then at the destination. Possible outings include scenic trips around the area to see gardens, Christmas lights or Fall foliage. Fairmount will disinfect the transportation vehicle before and after each time residents load the vehicle.

NON-ESSENTIAL PERSONNEL

In Step 2, non-essential personnel deemed necessary by the facility are allowed (in addition to those already permitted in Section 4 of *Interim Guidance for Personal Care Homes, Assisted Living Residences and Intermediate Care Facilities During COVID-19*). In Step 3, all non-essential personnel are allowed. Screening and additional precautions including social distancing, hand hygiene, and universal masking are required for non-essential personnel.

31. DESCRIBE THE LIMITED NUMBER AND TYPES OF NON-ESSENTIAL PERSONNEL THAT HAVE BEEN DETERMINED NECESSARY AT STEP 2

Non-essential personnel are being considered by Fairmount as anyone providing services that are important to the health, safety, and well being of the Fairmount residents that are not employed by Fairmount. Non-essential personnel include, but are not limited to, repair contractors performing services that put the building and residents at risk should the services not be completed and individuals performing inspections on essential Fairmount equipment. Fairmount will make every attempt to delay any services needing to be performed until step 3 when possible.

32. DESCRIBE HOW SOCIAL DISTANCING, HAND HYGIENE, AND UNIVERSAL MASKING WILL BE ENSURED FOR NON-ESSENTIAL PERSONNEL AT STEPS 2 AND 3

Non-essential personnel will follow the same screening protocol as employees and visitors and will be given a mask to wear while in Fairmount if they do not already have one. Residents will be removed from anywhere requiring work to be completed to ensure physical distance between non-essential personnel and residents. Non-essential personnel will be required to follow the same hygiene protocols as team members at Fairmount.

33. DESCRIBE MEASURES PLANNED TO ENSURE NON-ESSENTIAL PERSONNEL DO NOT COME INTO CONTACT WITH RESIDENTS EXPOSED TO COVID-19

Only non-essential personnel responding to an emergency related issue will be allowed to enter a floor containing any residents that have confirmed COVID-19. Fairmount employed personnel will handle these issues as able but may require an outside contractor at times. Non-essential personnel that do have to enter a red zone will be given proper PPE and wear it and be educated on proper protocols and procedures while working in that area. Residents residing in red or yellow rooms and under isolation will not be permitted to use hair salon services in Phase 3 and beyond until they are released from isolation.

VISITATION PLAN

For visitation to be permitted in Steps 2 and 3 of reopening (as described in Section 6 of *Interim Guidance for Personal Care Homes, Assisted Living Facilities and Intermediate Care Facilities During COVID-19*), the following requirements are established. Screening and additional precautions including social distancing, hand hygiene, and universal masking are required for visitors.

VISITATION PLAN

34. DESCRIBE THE SCHEDULE OF VISITATION HOURS AND THE LENGTH OF EACH VISIT

Visitation held in accordance with all guidelines and recommendations from regulatory bodies will be held daily to accommodate schedules of visiting loved ones. Visitation days and times will be listed on our website and be communicated clearly to all parties. All visits will be monitored by Fairmount and will be kept to a maximum of 30 minutes to ensure all residents are given the chance to visit with loved ones. 15 minutes between visits will be used for sanitation purposes and to transport residents back to their room. Step 2 visitation will be outside, six (6) feet apart, with masks worn by both visitors and residents.

35. DESCRIBE HOW SCHEDULING VISITORS WILL OCCUR

Scheduling of visitation will be done by calling 717-354-1800 and speaking with front desk personnel.

36. DESCRIBE HOW VISITATION AREA(S) WILL BE SANITIZED BETWEEN EACH VISIT

Chairs and any items touched by a resident will be sanitized between visits. Families/loved ones will have written instructions on how to sanitize their chair and any items touched by them.

37. WHAT IS THE ALLOWABLE NUMBER OF VISITORS PER RESIDENT BASED ON THE CAPABILITY TO MAINTAIN SOCIAL DISTANCING AND INFECTION CONTROL?

Maximum number of visitors is six (6) per visit

38. DESCRIBE THE ORDER IN WHICH SCHEDULED VISITS WILL BE PRIORITIZED

Priority will be given to any resident who is experiencing a decline in health.

39. DESCRIBE HOW THE FACILITY WILL DETERMINE THOSE RESIDENTS WHO CAN SAFELY ACCEPT VISITORS AT STEP 2 (CONSIDERING SUCH SAFETY FACTORS AS EXPOSURE TO OUTDOOR WEATHER AND TRANSPORTING RESIDENT TO VISITOR LOCATION)

Prior to visitation being scheduled for a resident, Fairmount will identify residents who will be unable to travel to the outdoor visitation location. A Fairmount team member will assist the resident to the outdoor visitation that offers the shelter of a patio umbrella to protect from weather elements. If a resident is unable to use the designated visitation location, families will be notified, and steps will be taken to facilitate a safe visit in a location that is safe for the resident and their loved one.

STEP 2

40. DESCRIBE THE OUTDOOR VISITATION SPACE FOR STEP 2 TO INCLUDE THE COVERAGE FOR SEVERE WEATHER, THE ENTRANCE, AND THE ROUTE TO ACCESS THE SPACE

Visitation during Phase 2 will take place on the patio directly behind the WRPC Activity Room. Access to the visitation area will be through the apartment building breezeway. The use of patio tables with an umbrella will be used to protect families and residents from the rain.

41. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING OUTDOOR VISITS

Tape will be added to the patio to designate the six (6) feet distance needed between the residents and visitors and chairs will be placed at opposite ends of the tables with six (6) feet distance between the resident and visitors.

42. DESCRIBE THE INDOOR VISITATION SPACE THAT WILL BE USED IN THE EVENT OF EXCESSIVELY SEVERE WEATHER TO INCLUDE THE ENTRANCE AND THE ROUTE TO ACCESS THE SPACE

Fairmount will utilize the WRPC Activity Room in the event of excessively severe weather. Entrance to the Activity Room will be accessed first through the apartment entrance and then through the breezeway into the Courtyard and then by using the side entrance into the WRPC Activity Room.

43. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING INDOOR VISITS

VISITATION PLAN	
	There will be tape on the pavement to ensure six (6) feet distance between the resident and the visitors. The assigned visitation will be monitored by the Activity Coordinator and/or nursing to ensure everyone is staying behind the appropriate marked line and each person is wearing masks at all times.
STEP 3	<p>44. DESCRIBE HOW THE FACILITY WILL DETERMINE THOSE RESIDENTS WHO CAN SAFELY ACCEPT VISITORS AT STEP 3 (CONSIDERING SUCH SAFETY FACTORS AS TRANSPORTING RESIDENT TO VISITOR LOCATION)</p> <p>Prior to visitation being scheduled for a resident, Fairmount will identify residents that will be unable to travel to the outdoor visitation location. A Fairmount team member or volunteer will provide assistance with pushing a wheelchair for visitation as needed. If a resident is unable to use the designated visitation location, families will be notified, and steps will be taken to facilitate a visit in a location that is safe for the resident and their loved ones.</p>
	<p>45. WILL OUTDOOR VISITATION BE UTILIZED AT STEP 3? IF NO, SKIP TO QUESTION #52</p> <p>Yes</p>
	<p>46. DESCRIBE THE OUTDOOR VISITATION SPACE FOR STEP 3 TO INCLUDE THE COVERAGE FOR SEVERE WEATHER, THE ENTRANCE, AND THE ROUTE TO ACCESS THE SPACE (IF THE SAME AS STEP 2, ENTER "SAME")</p> <p>Visitation will take place on the patio behind the WRPC Activity Room. There is a table with an umbrella available for use in inclement weather. Visitors will enter through the WR Apartment breezeway into the Apartment Courtyard.</p>
	<p>47. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING OUTDOOR VISITS (IF THE SAME AS STEP 2, ENTER "SAME")</p> <p>SAME</p>
	<p>48. DESCRIBE THE INDOOR VISITATION SPACE THAT WILL BE USED TO INCLUDE THE ENTRANCE AND THE ROUTE TO ACCESS THE SPACE (IF THE SAME AS STEP 2, ENTER "SAME")</p> <p>SAME</p>
	<p>49. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING INDOOR VISITS (IF THE SAME AS STEP 2, ENTER "SAME")</p> <p>SAME</p>
	<p>50. FOR THOSE RESIDENTS UNABLE TO BE TRANSPORTED TO THE DESIGNATED VISITATION AREA, DESCRIBE THE INFECTION CONTROL PRECAUTIONS THAT WILL BE PUT IN PLACE TO ALLOW VISITATION IN THE RESIDENT'S ROOM</p> <p>For compassionate care/end-of-life situations, visitors will be screened by taking their temperature and being asked COVID-19 questions at the beginning of the visit. Visitors will wear a mask, PPE and maintain six (6) feet distance during their visit in accordance with Fairmount's Policies relating to compassionate care/end-of-life visitation.</p>

VOLUNTEERS	
In Step 2, volunteers are allowed only for the purpose of assisting with outdoor visitation protocols and may only conduct volunteer duties with residents unexposed to COVID-19. In Step 3, all volunteer duties may be conducted, but only with residents unexposed to COVID-19. Screening, social distancing, and additional precautions including hand hygiene and universal masking are required for volunteers.	

VOLUNTEERS

51. DESCRIBE INFECTION CONTROL PRECAUTIONS ESTABLISHED FOR VOLUNTEERS, INCLUDING MEASURES PLANNED TO ENSURE VOLUNTEERS DO NOT COME INTO CONTACT WITH RESIDENTS EXPOSED TO COVID-19

Volunteers will be screened for COVID-19 symptoms including temperature check when arriving to volunteer and when leaving. They will also be required to wear a mask at all times and perform hand hygiene upon arrival and again before assisting a different resident. Volunteers will not be permitted to assist with residents in a yellow or red zone

52. DESCRIBE THE DUTIES TO BE PERFORMED BY VOLUNTEERS DURING STEP 2

Volunteers are permitted to provide wheelchair transport to and from visitation and are able to provide supervision during visitation.

Sandy Longenecker, PCJHA

8/21/2020

Date