

# FAIRMOUNT COVID-19 PREVENTION AND PROTECTION UPDATE

November 13, 2020

## Dedicated to Faith, Family & Community

#### **COVID-19 TESTING**

On November 2 and 3, COVID-19 testing among Health Care residents and team members yielded 281 negative results and two positive results. The positive results came from a Health Care team member who last worked November 5 and a non-direct caregiver who last worked November 6. They will quarantine at home before returning to work.

The week of November 9, we conducted COVID-19 testing of residents and team members in Health Care. The results are pending. We will hold another round of testing in Health Care on November 17. Three Residential Living residents tested positive this week. One is quarantining at home and two were admitted into our Dogwood isolation hallway to recover.

#### MORE COVID-19 POSITIVE CASES IN LANCASTER COUNTY

Recent LNP articles report that the number of COVID-19 positive cases continue to increase at alarming rates. Counties across the nation, not just in Lancaster County, continue to see more positive infections. Some retirement communities that have not experienced any or many cases are now having outbreaks among their residents and employees. The numbers will most likely continue to rise as we enter cooler months.

Please continue to do everything you can to protect yourself, your neighbors, your family and friends. It sounds like a broken record, but please continue to remain vigilant—limit public interaction, wear a mask properly—covering your mouth and nose, maintain a safe physical distance from others of at least six feet, and wash your hands regularly, especially if you've been out in public.

It will be challenging, but this holiday season avoid indoor gatherings as much as possible, attend smaller family gatherings if you do get together, do not attend a gathering if anyone attending is not feeling well, wear your mask and wash your hands.

#### **VISITATION**

Visitation remains available for Health Care residents in the Harvest View visitation room and in Wheat Ridge Personal Care and Farm Crest Personal Care. We plan on starting to offer Saturday visitation hours for Health Care beginning November 21. Visits may be scheduled at FairmountHomes.org

#### **CELEBRATING SAFELY**

The CDC posted an article on celebrating the holidays safely this year. The article can be read here: <a href="https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays/thanksgiving.html">https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays/thanksgiving.html</a>. The article suggests that the safest way to celebrate this year is to celebrate only with those from your own household. If you do plan to gather with people outside your household, take steps to make your celebration safer. Some suggestions include: have guests bring their own food and disposable plates, cups and utensils; have an outdoor meal; limit the number of attendees; wear masks; if celebrating indoors, open windows; clean and disinfect frequently touched surfaces and serving utensils between use; use single use options, like salad dressing and condiment packets; limit the number of people serving food and who enter the food preparation areas.

### **DOGWOOD HALLWAY UPDATE**

We had nine admissions into our Dogwood isolation hallway and three Dogwood residents discharge this week. We have cared for a total of 85 individuals in Dogwood since early April.

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