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Choosing Fairmount for Rehab Services

Luke Nolt dreamed of becoming a fireman until an October 2018 motorcycle accident dashed those hopes. Suddenly, instead of beginning firefighting training, he was fighting for his life. Doctors told him he might never walk again due to severe damage to both legs.

After a six-week hospitalization, Luke was discharged to a local nursing home with a rehab center. There he suffered setbacks and complications, and eventually he had another hospital stay. After many months with very little progress, Luke and his family realized he was not getting the treatment he needed. So, in July 2019, they initiated his move to Fairmount.

"After starting physical therapy at Fairmount, I was amazed to see how fast I improved," Luke comments. "Within two weeks, I noticed a difference in my legs."

As Luke progressed, he was able to leave Skilled Nursing and move into Personal Care where he continued with therapy but functioned more independently. His goal was to return home to his community. Most of all, he wanted to walk out of Fairmount on his own.

By October 2020, Luke was ready to live independently in a house close to his family and right next to the fire company. On the day he was discharged, he walked out the Fairmount front door using only a walker! There he was surprised to see firemen in a fire truck waiting to take him to his new home. They helped him climb in, and with sirens blaring, Luke headed for a new chapter



Upon discharge, Luke Nolt was transported to his new home in the community in a fire truck.

of life, made possible by the months of hard work he and his dedicated therapy team had invested.

Now living on his own, Luke looks back on his weeks at Fairmount with fondness: "The care was great, and the food was awesome. Plus, I made a lot of friends. It was inspiring to

watch the progress of other rehab residents, and I was always amazed to hear people tell me that I was an inspiration to them."

Luke was fortunate to have his family advocate for his move to a facility where he could get the excellent care he needed. While some hospitals list Fairmount as an option upon discharge, not all do, so not everyone realizes they can request to come here.

For those who have chosen not to participate in insurance programs for religious reasons, Fairmount offers a Plain Community Outpatient Rehabilitation Program that includes a discount from the current Medicare rates.

Should you or a loved one need rehab services,

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Fairmount *Perspective* is published quarterly for the residents, staff, volunteers and friends of Fairmount, a Christian retirement community governed by a Board from the Weaverland Conference of the Old Order Mennonite Church.

Core Values

Community • Compassion

Dignity • Integrity

Quality • Teamwork

Trust

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Please visit our website for additional information and to download an Application for Residency, www.FairmountHomes.org



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It Takes a "Village" in Challenging Times

The President's Perspective

"Oran a azu nwa.' According to Wikipedia, this famous African proverb originated from the Nigerian Igbo culture. It means, it takes a village to raise a child.

This proverb acknowledging the need for the whole community's involvement applies to more than just raising children. As individuals or even as institutions, we can try to go through life's ups and downs determined to manage totally on our own. We may tackle challenges assuming we can be self-sufficient, but then we realize the hurdles are too high to clear without assistance.

At Fairmount, we always need the broader community's involvement in order to successfully serve our residents. During the pandemic, it quickly became apparent that the huge challenges we were facing would require even more outside support; COVID-19 was definitely too big for us to manage alone!

As I look back on the early days of the pandemic, I am humbled at how much help we received. Individuals, businesses, and churches stepped up to assist us in many different ways. One family made masks and gowns for our team members and residents. A business donated supplies and labor to create our COVID wing, and another business donated a golf cart

so we could take residents out for a ride to see the countryside. Several churches donated money to help with the costs of extra personal protective equipment for our staff. We were very blessed!

Now that the spread of the pandemic is slowing, I look forward to seeing more of our volunteers return to assist around campus. They are always a blessing! We miss them, and so do our residents. I miss the volunteers who play the piano in our lounges. I miss the volunteer groups that sing for our residents. I miss the families coming with their children to visit residents—things the pandemic took away. All of us look forward to more volunteers returning soon.

I also am extremely grateful for the wonderful encouragement we received from so many of you during these past months. Your telephone calls and emails really helped us through the darkest times of the pandemic. Words cannot express our appreciation for your support! I look forward to seeing you all again soon.





Choosing Fairmount ... (continued from page 1)

tell your medical professionals you would like to go to Fairmount. You have the right to choose! If you have any questions about our services or our outpatient Plain Community Rehabilitation Program, please contact Admissions at 717.354.1800.

Welcome to Our New Director of Finance

Samuel Clement recently joined the Fairmount team as Vice President of Finance, taking the place of Allan Chanko, who is retiring. A graduate of Elizabethtown College with a B.S. in accounting, Samuel grew up in the local area and brings to his new role experience as a finance manager, controller, and accountant.

Samuel is no stranger to our community. "I came to Fairmount many times to visit great aunts and uncles in cottages and always ap-

preciated the amazing views from their windows. I also volunteered at Fairmount's Benefit Auction for several years," he explains.

Samuel sits on the boards of three organizations and also serves as congregational treasurer at Forest Hills Mennonite Church where he attends. His hobbies and interests include gardening, raising heirloom tomatoes, and beekeeping. Samuel



lives in Leola with two dogs, a few goats, and some chickens.

"This role is an opportunity for me to serve the community in a new and meaningful way," Samuel explains. "Each time I am on campus, I see staff and volunteers living out Fairmount's Core Values—it's so refreshing to see that they are not just words on paper. I am excited to be joining an organization that seeks to reflect Jesus and his teachings in all that they do, and I hope to contin-

ue to drive that mission forward," he says.

Welcome, and we wish you the best with your new role here at Fairmount, Samuel!

We also want to express appreciation and gratitude to Allan Chanko for his many years of dedicated service at Fairmount, and wish him all the best in the next phase of his life's journey.

That Personal Touch in Personal Care at Fairmount

As a Life Plan Community, Fairmount offers many levels of care to nurture residents' independence, and enrich their mind, body and spirit. From apartment and cottage living, to Personal Care, Rehab, and Health Care, Fairmount's options address a wide variety of needs.

For those facing challenges in managing activities of daily living, Fairmount provides Personal Care. Our services include three nutritious meals per day, housekeeping, personal laundry services, numerous activities that stimulate the mind and body, and medication management—all delivered by our dedicated and caring team. Personal Care apartments are currently available.

For information about any of Fairmount's levels of care, please call our marketing team at 717.354.1800 or visit us online at FairmountHomes.org to arrange a personal visit and learn more about our services.

Knitting Together

"Knitting Together" is a group consisting of nine Wheat Ridge Apartment residents who meet every Monday evening from 5:00-6:30 to knit hats. To date, their



busy looms have produced over 200 hats for missions in locations as disparate as Texas, Romania, and Moldovia, and they hope soon to send some to homeless people in Lancaster.

The group started when Elizabeth Bell Stoltzfus offered to teach an apartment resident how to knit on a loom the way she had been taught by another apartment resident. Soon others wanted to learn. They decided to knit together, even when they had to mask and socially distance.

"It was so good for us during COVID," Elizabeth reflects. "We realized we were knitting together spiritually and socially as well."



333 Wheat Ridge Drive Ephrata, PA 17522-8558 717.354.1800 www.FairmountHomes.org

Mailing List Update: If you wish to have your name removed from the mailing list, please call 717.354.1800, write the Managing Editor at the address above, or email carols@FairmountHomes.org.

Perspective issues are available at www.FairmountHomes.org.

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Items of Interest

Public Invited to Servant Stage Performance

The public is invited to a Servant Stage performance on August 11, at 7 p.m. in the Crest View parking lot. Please bring lawn chairs.

Fairmount's 5th Annual Book Sale

The 5th Annual Book Sale will be held in the Farm Crest Community Room on Friday, September 24, 6–8:30 p.m. and Saturday, September 25, 7–10 a.m.

Fall Open Houses

Save the date for fall open houses on October 5 from 3–6 p.m. and October 7 from 3–6 p.m. Please call the Marketing Department at 717.354.1811 to reserve a space.

Benefit Auction Needs

· Theme Baskets

Donations of theme baskets, supplies, and/or money toward additional theme baskets are always welcome.

· Dining for Dollars

Consider hosting a Dining for Dollars event. To host a meal, please call 717.471.6691 or 717.269.4028 by August 17.

· Auction/Flea Market Items

New items for auction or good used items for the flea market are always welcome.









32nd Benefit Auction & BBQ September 11, 2021

at New Covenant Mennonite Fellowship 529 E. Farmersville Rd., New Holland

In-person and Live Webcast Auctions

In-person bidding starts at 9:00 a.m. Live Webcast Auction opens September 4







Drive-through chicken dinners: 10:00 a.m. until sold out

Go to FairmountHomes.org
for more information and Live Webcast bidding.
Save the date and spread the word!