

Finding a Delightful Quality of Life

What makes for quality of life in a retirement community? It's an important question, and everyone's answer might be a little different. Ask our Fairmount residents about the quality of life here, and you will get a variety of enthusiastic answers because there are so many different ways to enjoy living on our campus. Free from the worries that come with the upkeep of a home, residents love that they now have time for a wide variety of engaging activities and hobbies they hadn't previously been able to pursue.

Pursuing What You Enjoy

Wheat Ridge Apartment residents Keith and Sandy Leonard were experienced flower gardeners, so it was no surprise that once at Fairmount they volunteered to plant an herb and flower garden on a couple of vacant plots.

"Flowers bring me tranquility, and we enjoy keeping the campus looking beautiful and colorful,"



Keith and Sandy Leonard enjoy continuing their hobby of gardening at Fairmount.



Fairmount and local community residents enjoy outdoor concerts overlooking scenic Lancaster county farmland.

Sandy explains. Keith adds, "Doing something that many others can enjoy is fulfilling for us."

Other residents discover that regular fitness center workouts not only improve their health but provide time for catching up with friends or making new ones. Over in the woodshop, some craftsmen prefer to work alone, enjoying the familiar smell of wood chips and the satisfaction of seeing a finished piece take shape. At other times, the shop is filled with jovial banter, or you can observe several heads bent over a project comparing notes about various woodworking techniques.

Glance out a window and you are likely to see several ladies in animated discussion as they keep up a brisk pace on one of Fairmount's walking paths, determined to benefit from healthy aerobic exercise while enjoying the company of a friend. They will likely pass other residents who are out delighting in the beautiful view across the Lancaster County farmland before heading

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Fairmount *Perspective* is published quarterly for the residents, staff, volunteers and friends of Fairmount, a Christian retirement community governed by a Board from the Weaverland Conference of the Old Order Mennonite Church.

Core Values

Community • Compassion
Dignity • Integrity
Quality • Teamwork
Trust

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Please visit our website for additional information and to download an Application for Residency. www.FairmountHomes.org

Family Motivation

The President's Perspective

In early summer of 1940, a tiny African-American baby was born prematurely in Clarksville, Tennessee. She spent most of her early childhood years in bed and lost the use of one leg due to polio. Though they fitted her with a metal brace, doctors told her that she would never walk. Undeterred, her mother and siblings would remove the brace and massage her leg; they also took her to Nashville for special treatments. Slowly but surely, her leg strengthened and by age 12, she no longer needed the brace. This determined little girl was Wilma Rudolph, and she not only began to walk, she started to run. She would later say, "My doctor told me I would never walk again. My mother told me I would. I believed my mother."

Wilma eventually competed in the 1960 Rome Olympics. She was the first American woman to win three gold medals in one Olympics, and proudly held the title of "fastest woman in the world."

Wilma Rudolph spoke eloquently about determination. "Never underestimate the power of dreams and the influence of the human spirit," she urged. And my favorite challenge from Ms. Rudolph has to be, "When the sun is shining, I can do anything; no mountain is too high; no trouble is too difficult to overcome." She obviously was energized by the sun's rays, and I am too.

It is no secret that my favorite time of the year is summer when the sun shines the most brightly! I love the hot temperatures, grilling dinner on my deck, playing golf with my son, riding bike with my wife along the Susquehanna River or just sitting on our porch swing in the evenings. These are the

times when I am able to put away the worries of my world and focus more on the people I love.

Summertime is my favorite season at Fairmount too. Every summer I look forward to our many special events, especially those occasions when you can find me behind a hot grill cooking lunch for both residents and staff. I enjoy the relaxed atmosphere and lis-

"When the sun is shining I can do anything; no mountain is too high; no trouble is too difficult to overcome."

- Wilma Rudolph

tening to the friendly chatter between team members and residents. For a brief time, COVID is forgotten, the stresses of work are set aside, and we just enjoy the moment and each other.

As Wilma Rudolph reminds us, "When you come from a large, wonderful family, there's always a way to achieve your goals." Her mother's love was a gift that helped instill in her the determination to not only walk, but become a champion runner. I consider it a gift from God that our Fairmount family is determined to come together in order to care for our residents and each other. When the summer sun seems to draw us outside, these become natural occasions to stop and appreciate how we help each other throughout the whole year!

I hope you and your family are able to enjoy the outdoors and each other this summer. And, if you ever need a grill master, give me a call! ➔



Jerry D. Lile

Jerry D. Lile
President/CEO



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Welcome to the 10th Annual Open House



Welcome

Along with 16 other local Life Plan Communities, Fairmount is opening its doors for the 10th Annual Explore Retirement Living Open House on Saturday, October 15, from 10am to 4pm. Don't miss this opportunity to come and see what cottage and apartment living at Fairmount has to offer. If you have any questions, please contact us at 717.354.1800, or go to FairmountHomes.org. ➔

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back indoors for a game time or concert.

There's always a lot going on at Fairmount, and it all adds up to a wonderful quality of life here. That's no surprise because "quality" is one of Fairmount's core values. We strive to help each resident and team member reach their full potential and enjoy living or working at Fairmount.

We Value a Quality Working Environment

Creating a great quality-of-life workplace for each staff person is also a focus here at Fairmount. The Fairmount Board and leadership endeavor to make sure that our staff enjoy coming to work each day, not only by offering competitive pay, but also via numerous expressions of gratitude that range from a verbal "Thank you for all you do," to gifts of flowers, appreciation meals, and treats such as ice cream, specialty coffee drinks, soft pretzels or Italian ice.

To learn more about Fairmount, as a quality place to live or work, please call 717.354.1800. ➔



Team member Luba Hrishka enjoys a special treat, one of the many expressions of gratitude Fairmount offers to staff.

Our Residents Have So Much to Contribute

Here at Fairmount, we enjoy discovering ways to maximize the valuable life experience, knowledge, and wisdom of our residents. For example, recently two Penn State professors spent two days at Fairmount conducting research for their study on the Pennsylvania Dutch language. Fairmount facilitated their interviews with residents, staff and members of the local community who were willing to share stories and experiences in Pennsylvania Dutch. The long-term project will document Pennsylvania Dutch spoken in different regions of Pennsylvania and Ohio, and the research team plans to return to Fairmount as they continue their research. ➔



Each team member was given the gift of a plant this spring.



Fairmount

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Electronic Service Requested



Items of Interest

Central PA Blood Drive

The Central PA Blood Bank will hold a blood drive on Thursday, August 4, from 11:30am–6:30pm in the Farm Crest Community Room. Walk-ins are welcome until 6pm. To make an appointment, please call the Blood Bank at 800.771.0059.

Driver Safety Courses Offered

AARP Driver Safety Courses will be offered on September 14 (Refresher Course) 21, and 28 from 8am–12 noon in the Crest View Gathering Room. To sign up or for more information, please call 717.354.1893.

Benefit Auction Needs

• Theme Baskets

Donations of theme baskets, supplies, and/or money toward additional theme baskets are always welcome.

• Dining for Dollars

Consider hosting a Dining for Dollars event. To host a meal, please call 717.471.6691 or 717.269.4028 by August 17.

• Auction/Flea Market Items

New items for auction or gently used items for the flea market are always welcome.

Join us for the 33rd Benefit Auction & Barbecue September 10, 2022

**at New Covenant Mennonite Fellowship
529 E Farmersville Rd., New Holland**

In-person and Live Webcast Auctions
In-person bidding starts at 9am
Live Webcast Auction opens September 3

**Drive-through Chicken Dinners:
10am until sold out**

Go to FairmountHomes.org to learn more

Save the date and spread the word!

