Volume 30, No. 3 August, 2024

# **Enriching Relationships**

F or many residents, a family member or friend living or working at Fairmount provided the initial incentive to move here. Currently at Fairmount, there are dozens of residents who have a sibling or in-law living on campus.

Gordon and Sally Landis moved into their Wheat Ridge apartment in November of 2019. Soon after they settled in, Sally's brother, Andy Good, and his wife came to visit. They were so impressed with the Landises' new home that they soon placed their names on the waiting list. Later they moved into a Crest View apartment, and several of Sally's other siblings look forward to joining them in the future.

For years, Gordon and his friend Fred Nolt, a former metal worker, served side by side building homes with Habitat for Humanity. Gordon told Fred about their move, and it wasn't long before Fred, too, joined the Fairmount family. Gordon enjoys woodworking, so it was natural that he would invite Fred to join him and others in the Fairmount woodshop crafting items to sell in the Farm Crest gift shop. Fred not only learned new skills but expanded his circle of friends.

Andy and Fred got acquainted as they both volunteered to help transport Health Care residents to monthly doctors' visits on campus. Serving together has fostered not only their new friendship but also relationships with the other volunteers and the residents they transport.

### **Connections Through Shared Interests**

Every person is divinely designed with physical needs to be met, but thriving depends on meaningful relationships.



Residents from all over campus gather around the fire pit in the Courtyard, enjoying the company of friends and neighbors.

Dale Long is one example. Soon after his discharge from a short Rehab stay, Dale moved permanently into a Wheat Ridge apartment. He explains, "Family and friends were not the reason I chose Fairmount, but I have made many friends since coming here."

Dale's many and varied interests quickly launched relationships with other residents. First and foremost is his love of travel. "My interest in the international community eventually resulted in my throwing my energy into a mission in Haiti," he says.

Closely allied with his passion for international travel is Dale's interest in ham radio. "I have been a ham radio enthusiast since 1980," he explains. "I talk to people all over the world and have met my goal of talking to someone in every country around the globe."

At Fairmount, Dale met cottage resident Jay Martin,

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Fairmount Perspective is published quarterly for the residents, staff, volunteers and friends of Fairmount. a Christian retirement community governed by a Board from the Weaverland Conference of the Old Order Mennonite Church.

#### **Core Values**

Community • Compassion Dignity • Integrity

> Quality • Teamwork Trust

### **Board of Directors**

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Please visit our website for additional information and to download an Application for Residency. www.FairmountHomes.org



# Fostering Community at Fairmount The President's Perspective

"Behold, how

good and pleasant

it is when brothers

dwell in unity!"

Psalm 133:1

The essence of our mission is to L cultivate a nurturing, supportive community for every resident and staff member because we believe that every individual, regardless of their stage in life, deserves to feel connected, valued and cared for. The Psalmist declares,

"Behold, how good and pleasant it is when brothers dwell in unity!" (Ps. 133:1), reminding us that profound joy and harmony thrive in a close-knit, supportive environment.

Genuine, life-giving relationships flourish here at Fairmount. As you read in our lead article, countless organized and spontaneous activities foster interaction every day that nurture engagement and a sense of belonging.

A vital aspect of Fairmount's community life is the involvement of our staff in decision-making, ensuring that their voices are heard and their needs are met, too. The ownership and pleasure they take in their work are evidence that they do feel part of a true community. As a result, they consistently go beyond their professional duties to become friends, companions and confidants to our residents.

Theologian Dietrich Bonhoeffer once said, "The church is the church only when it exists for others...not dominating but helping and serving. It must tell men of every calling what it means to live for Christ, to exist for others."

I have a front-row seat to watch this

perspective lived out at Fairmount. Our community thrives on serving others, reflecting Christ's through our actions and interactions. It's the elderly resident in a wheelchair who reaches out to hold the hand

of her friend. It's the nurse who stops to pray with the family member who is faced with a difficult decision about her mother's care. It's the maintenance staff member who takes time to help the resident who locked his keys in his car.

Yes, Fairmount is more than just a place to live. It is a vibrant community where kindness, love, and mutual sup-

port are the heartbeat of everything we do.



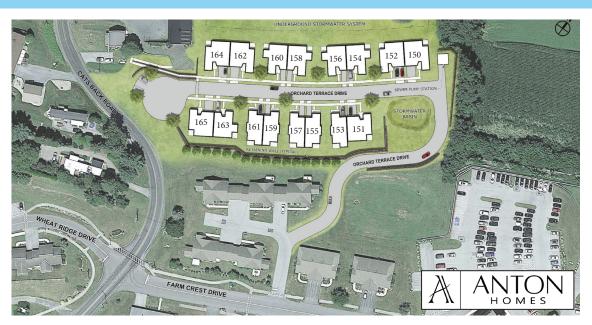




Along with 16 other local Continuing Care Retirement Communities, Fairmount is opening its doors for the 12th Annual Explore Retirement Living Open House on Saturday, October 19, from 10am to 4pm. Don't miss this opportunity to come and see what cottage and apartment living at

Fairmount has to offer. If you have any questions, please contact the Marketing Department at 717.354.1800, or go to FairmountHomes. org.

## **Orchard Terrace Cottages**



### **Cottage Features**

- 16 charming homes, built by Anton Homes, each with two bedrooms and two full bathrooms
- Single or double garage options
- Eight cottages featuring a daylight basement
- Patios or decks offering delightful outdoor living space
- · Appliances provided, including a range with full-size oven, refrigerator, microwave, washer and dryer
- Plenty of options for personalizing your home, from flooring to cabinetry

### **Amenities and Benefits**

- Real estate taxes and utilities (including water, sewer, garbage removal, internet service) are all covered by your monthly fee
- Enjoy peace of mind with a 24-hour emergency response system
- Repairs and maintenance for residences, appliances and grounds, as well as snow removal, are all taken care of
- Take advantage of on-campus chapel services and Bible studies
- Explore the woodshop, fitness center, nature trails, outdoor gathering locations (including the gazebos, pavilion, and by the fishpond)
- · Multiple dining options are available
- Engage in activities, wellness programs, music events, and scheduled shopping trips
- Plus, you'll have priority access to a higher level of care, should it ever be required

### Be the first to live in a new Orchard Terrace Cottage!

Fairmount is planning 16 new cottages, ready for occupancy in mid- to late-2025. Discover more about Orchard Terrace and the advantages of being part of the Fairmount family by joining us at our <u>Explore Retirement</u> <u>Living Open House on Saturday, October 19.</u> You'll receive construction updates, floor plan options, and information on available upgrades and customizations. We will soon be reserving Orchard Terrace cottages, so you do not want to miss this opportunity to learn more.

Let's begin the conversation! Reach out to the Marketing Team at 717.354.1800 or visit us online at FairmountHomes.org.

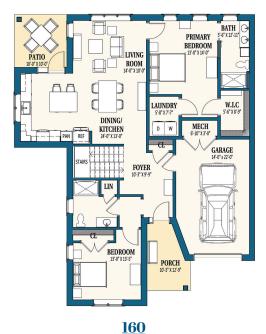


## **Orchard Terrace Cottages**

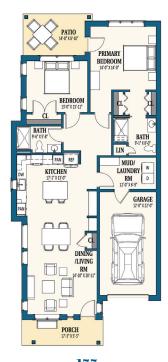
# Let's begin the conversation! Reach out to the Marketing Team at 717.354.1800 or visit us online at FairmountHomes.org.

ORCHARD TERRACE DRIVE ADDRESS	SQUARE FOOTAGE	UNIT SPECIFICATIONS
150	1,333	2 Bedrooms/2 Bathrooms/2 car garage/basement
151	1,255	2 Bedrooms/2 Bathrooms/2 car garage
152	1,333	2 Bedrooms/2 Bathrooms/2 car garage/basement
153	1,216	2 Bedrooms/2 Bathrooms/1 car garage
154	1,345	2 Bedrooms/2 Bathrooms/1 car garage/basement
155	1,228	2 Bedrooms/2 Bathrooms/1 car garage
156	1,345	2 Bedrooms/2 Bathrooms/1 car garage/basement
157	1,216	2 Bedrooms/2 Bathrooms/1 car garage
158	1,345	2 Bedrooms/2 Bathrooms/1 car garage/basement
159	1,228	2 Bedrooms/2 Bathrooms/1 car garage
160	1,345	2 Bedrooms/2 Bathrooms/1 car garage/basement
161	1,216	2 Bedrooms/2 Bathrooms/1 car garage
162	1,333	2 Bedrooms/2 Bathrooms/2 car garage/basement
163	1,267	2 Bedrooms/2 Bathrooms/1 car garage
164	1,333	2 Bedrooms/2 Bathrooms/2 car garage/basement
165	1,255	2 Bedrooms/2 Bathrooms/2 car garage

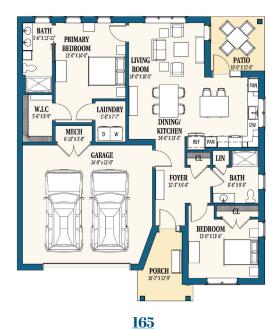
<sup>\*</sup>All dimensions and floor plans are approximate and subject to slight variations



1,345 sq. ft. / 2 bedrooms 2 bathrooms / 1 car garage



1,228 sq. ft. / 2 Bedrooms 2 Bathrooms /1 car garage



1,255 sq. ft. / 2 Bedrooms 2 Bathrooms /2 car garage



### **Enriching Relationships**

(continued from page 1)

another ham radio enthusiast, who maintain connections via radio with lifelong friends. Dale and Jay meet weekly to enjoy their shared hobby, becoming friends in the process.

Another interest of Dale's—beekeeping—resulted in the installation of two beehives at Fairmount. He also facilitated a beekeeping seminar open to the public, educating others on beekeeping and fun facts about bees.

Raising show dahlias in a Fairmount flower bed allows Dale to bond with other gardeners and dahlia lovers on campus. The results of his efforts are always eagerly anticipated as the plants burst into colorful blooms late each summer.

One of the greatest benefits of living at Fairmount, according to Dale, is that he can continue pursing all of his hobbies and passions after retiring here. "I have been blessed with friends and experiences far beyond what I deserved or expected," he says as he reflects on his life.

### **Connections Through Activities**

Regardless of whether they join the Fairmount family because of family ties, in order to enjoy the setting or due to health concerns on the horizon, our residents find endless ways to form new friendships. Fairmount's many organized activities also bring residents together—cornhole, bocce, carpet ball, book clubs, music programs, painting classes, bus trips, game nights, Bible studies, lunch outings—to name just a few.

# Welcome to Our New Director of Development

Please join us in welcoming Kevin Nofziger, who recently joined the Fairmount team as Director of Development following the retirement of Peter Passage. Kevin grew up in a Mennonite farm family in northwest Ohio. He graduated from Eastern Mennonite University with a bachelor's degree in communications, spent several years with Eastern Mennonite Missions in cross-cultural mission training and outreach, and has traveled extensively across Western Europe and the U.S. Kevin and his wife, Anna, live near Leola with their children, Katyarina and Dimitri, and two cats. Their family enjoys watching movies, reading, hosting international students and playing games. They attend Forest Hills Mennonite Church. Kevin aspires to



Wheat Ridge Apartment resident Dale Long continues discussion with local residents after an engaging seminar on bees.

And then there are the many groups that spring up spontaneously—for example, the former truck drivers who go out to breakfast weekly, and the Knitting Together group which meets regularly to crochet or knit items for people they know or for humanitarian efforts. Daily coffee hours bring residents together, quilters gather to quilt for the Benefit Auction, jigsaw puzzles draw people around tables to find the elusive missing pieces, and residents meet casually just to talk.

Loneliness and isolation are recognized as some of the greatest health care crises in America today. Reportedly, one-fourth of adults aged 65 and over are socially isolated and at increased risk for both dementia and other serious mental and medical conditions. For Fairmount residents, opportunities abound for social interaction. New skills, new hobbies, new friends—all offer connections that make senior living rich and meaningful.

live each day loving his family and neighbors well, being quick to listen, slow to speak, and practicing kindness. In his free time, he enjoys napping, hiking, following his favorite baseball and football teams, collecting books, and eating cheese. He describes



his feelings about working at Fairmount by saying, "Coming here has been like joining a large, extended family! I love the sense of community, the views of farms as far as the eye can see, and the opportunity to engage with residents as I stroll the halls or join them for coffee hour."



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Perspective issues are available at www.FairmountHomes.org.

### **Items of Interest**

### **Outdoor Concert**

J-Tyme Bluegrass Singers will perform an outdoor concert on Tuesday, September 3, at 6:30pm on the Wheat Ridge campus. The concert is free and open to the public. Please bring lawn chairs.

### Central PA Blood Drive

The Central PA Blood Bank will hold a blood drive on Thursday, October 3, from 11:30am–6:30pm in the Farm Crest Community Room. Walk-ins are welcome until 6pm. To make an appointment, please call the Blood Bank at 800.771.0059.

### Fairmount's 7th Book Sale

Fairmount's 7th Book Sale is planned for Friday, October 4, 5:00-8:00pm and Saturday, October 5, 7:00-10:00am in the Farm Crest Community Room. All books are half-price on Saturday. Everyone is welcome. Donations of books are now being accepted at the Wheat Ridge and Crest View front desks.









# **Benefit Auction!**

Join us for the 35<sup>th</sup> Benefit Auction & Pork BBQ September 14, 2024

at New Covenant Mennonite Fellowship
529 E. Farmersville Rd., New Holland
In-person bidding starts at 9:00am
Drive-through pulled pork dinners: 10am until sold out
For more information, go to FairmountHomes.org

### **Benefit Auction Needs:**

Dining for Dollars

Consider hosting a Dining for Dollars event. To host a meal, please call 717.471.6691 or 717.269.4028 by August 17.

• Theme Baskets

Donations of theme baskets, supplies, and/or money toward additional theme baskets are always welcome.

Auction/Flea Market Items

New items for auction or good used items for the flea market are always welcome. To donate items, please bring them to the Wheat Ridge front desk or call the Director of Development at 717.354.1800.