



October 4th – October 10th

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Oatmeal Scrambled Eggs	Oatmeal Scrambled Eggs Pancakes Sausage Links	Oatmeal Scrambled Eggs Baked Cheese Omelet	Oatmeal Scrambled Eggs	Oatmeal Scrambled Eggs Peach Baked Oatmeal	Oatmeal Scrambled Eggs Scrapple	Oatmeal Scrambled Eggs French Toast Casserole
<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
Glazed Ham Stuffed Chicken Breast Parsley Potatoes Green Beans California Blend	Salisbury Steak Baked Cod Fillet Mashed Potatoes Green Peas Diced Carrots	Sausage & Tomato Sauce Roasted Turkey Breast Brown Buttered Egg Noodles Baked Eggplant Lima Beans	Country Meatloaf Stuffed Pasta & Alfredo Sauce Mashed Potatoes Glazed Carrots Steamed Broccoli	Broiled Crab Cake BBQ Chicken Seasoned Rice Mixed Vegetables Spinach & Bacon Dressing	Breaded Fish Fillet Roasted Pork Mashed Potatoes Sauerkraut Peas & Carrots	Cranberry Glazed Turkey Breast Breaded Veal Patty Scalloped Potatoes Buttered Beets Creamed Corn
<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>	<u>Supper</u>
Tomato Soup Toasted Cheese Sandwich	Cream of Asparagus Soup Goulash	Minestrone Soup Cheeseburger	Beef & Barley Soup Pulled Pork Casserole	Bean Soup Chicken Tenders	Potato Soup Hamburger Rice Casserole	Chicken Rice Soup Meatball Sandwich

